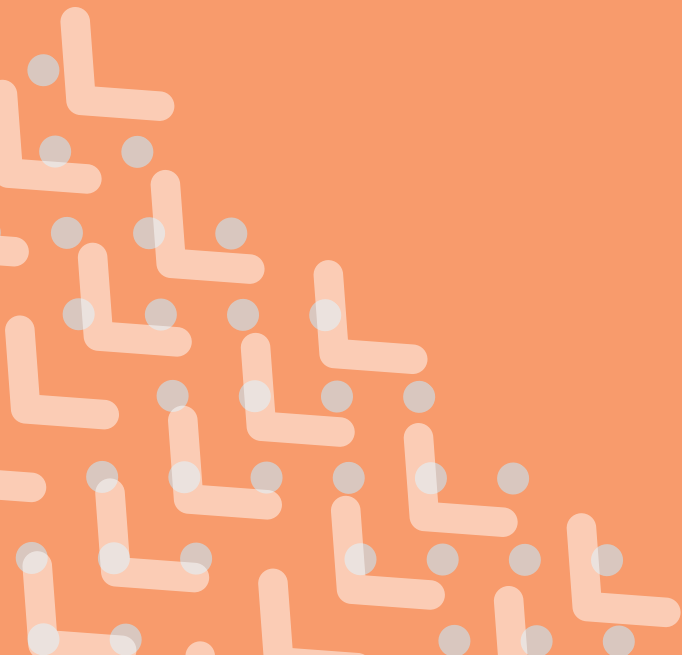


EveryMind

2020-21 Annual Report





EveryMind



Mission

Inspiring hope by leading in the delivery of high quality mental health services

Vision

Caring communities working together for children, youth and families

EveryMind

85A Aventura Court
Mississauga, ON L5T 2Y6
(905) 795-3500
everymind.ca

Charitable donation number:
11908 7807 RR0001

Values

Accountable

Being ethical, transparent, efficient and effective

Respectful

Caring with integrity and honouring dignity

Inclusive

Embracing diversity and cultural competence

Responsive

Being flexible, accessible and adaptive

Learning

Pursuing opportunities to know more and do better

Innovative

Using information, initiative and imagination

Collaborative

Working together in partnership

Board of Directors

Officers:

Cuneet Hansrani
(President)

Karen Adams
(Secretary/Treasurer until Sept 9/20, Vice-President from Sept 9/20)

Jessica Roselli*
(Vice-President until Sept 9/20)

Nainesh Kotak
(Secretary/Treasurer from Sept 9/20)

Directors:

Susan Mohos

Sue Prouse*

Cathy Kwiatkoski

Gopala Narayanan

Rory McNabb

Elaine Moore

Nkunda Kabateraine

Cara Cross**

Sean Gormley**

Jim Murray**

* Resigned Sept 9/20

** Joined Sept 9/20

We will never forget 2020-21.



Ceri Harnden
Chief Executive Officer



Guneet Hansrani
Board President

This past year we faced a pandemic head on; re-fortified our commitment to address systemic racism within our organization; launched a new era as Peel Children's Centre/Nexus Youth Services amalgamated to become EveryMind, and much more.

As we pause to reflect on the last year, we recognize how our steadfast focus on our Mission, Vision and Values turned extreme adversity into opportunities for growth. In three simple words, 2020-21 made us more **resilient**, **grateful** and **hopeful** than ever before in our history.

Highlighted across the pages of this annual report are examples of our "silver linings" as an essential service provider during COVID-19. It's been a tough year but with courage, kindness and empathy we did our very best to support of our clients, staff and community.

When the world shut down, EveryMind sought innovative ways to meet our clients' needs – first virtually and then again in-person when it was safe to do so.

We stayed the course with our youth peer support pilot project, offering it entirely online with great success. We furthered efforts for family peer support and began work with the Centre of Excellence for Child and Youth Mental

Health's Family Engagement Quality Standards.

Our commitment to Peel's first Community Safety and Well-Being Plan focused on family violence, mental health and addictions, and systemic discrimination was undeterred.

For staff, we proactively elevated our commitment to wellness and self-care, introducing a comprehensive and creative array of strategies and supports that were greatly appreciated.

At the height of the Black Lives Matter movement this past summer, EveryMind turned up the internal volume in support of existing diversity initiatives and sought external expertise to help us uncover and address systemic racism within our organization.

Looking ahead, the mental health of our children remains at risk - *the fourth wave*. EveryMind remains hopeful and poised to meet our community's mental health needs. To do so, we must advocate for Peel's "fair share" of provincial resources.

We close with gratitude: to our funders and donors; to our staff and board of directors; and to our community. Thank you for helping us make a difference. To our clients, it has been a privilege to join you on your journey towards hope.

RESILIENT

As the world experienced loss, grief, upheaval and uncertainty at an unprecedented level, we remained focused on our Mission, Vision and Values. Despite many challenges, we created new opportunities to provide the best and highest level of service to children, youth, young adults and families in our community, who in turn increased their own resilience by courageously reaching out for help.

depression
fear stress
anxiety loneliness
pandemic
challenges
trauma fatigue
sleeplessness
helplessness
loss insecurity

EveryMind's Response

- 5500+ children, youth and young adults served
- 7000+ virtual and in-person services provided
- 86 webinars on caregiving during a pandemic delivered
- 70 online workshops for children, youth and caregivers offered
- \$98,000 distributed to EveryMind families in need of food and shelter

Our Commitment to Diversity, Equity, Inclusion & Anti-Black Racism

We are proud to be partnering with Deloitte, who is helping us develop a client-centred and service focused diversity, equity, inclusion (DEI) and anti-black racism strategy. Deloitte's DEI strategic framework will assess EveryMind across eight domains.



Vision



Inclusive
Talent



Infrastructure



Leadership



Brand



Governance



Measurement



Special
Programs



Michael Tibbollo
@Michael Tibbollo

A great resource for those in PeelRegion who may be experiencing a [#mentalhealth](#) crisis. Available 24/7. 🙌🙌



EveryMind @EveryMind_ca

If you or someone in your family is experiencing a [#mentalhealth](#) crisis, we're here for you. Our crisis workers answer calls 24 hours a day, 7 days a week, 365 days a year. Call 416-410-8615 for help at any time.

EveryMind

Do you need help?

Call 416 410 8615

24/7 crisis support for children,
youth & families in Peel Region.

GRATEFUL



Thank you, staff

In the face of adversity, you persevered and continued to provide high quality services to children, youth, young adults and families at a time when they needed them most.

It was a team effort. From IT to administrative to clinical staff, you all played a part in pivoting our services to a virtual/telephone model and preparing for a safe return to in-person services at our office, in our milieu settings and in the community, all while supporting one another through one of the most challenging years in history.

Thank you, community

You rose up to support EveryMind and the children, youth and families we serve like never before.

Peel Region has been more adversely impacted by COVID-19 than other communities. As a provincial hotspot, we experienced more frequent and longer lockdowns, extended periods of virtual learning and a heightened sense of fear of contracting the virus in our daily lives, among many other challenges.

We are grateful to each and every individual donor, community supporter and funder who sustained us through the pandemic.

Thank you, clients

You reached out for help when it felt like one more hard thing to do on a seemingly never-ending list of hard things.

Thank you for inviting us to join you on your journey, and for trusting us with your hopes and fears. We are so moved by your courage and resilience.

 Cheryl Christina
@c_christina_c

I love @EveryMind_ca.
They saved me as a child.

 EveryMind @EveryMind_ca
It's okay if you struggle with #anxiety, #depression or other #mentalhealthchallenges. It's not okay to face these challenges alone. If you're having a hard time, please call us. We're available 24/7 and we're here to help. ☎416-410-8615.

You helped me realize that I can just be me and not try to be something I am not.

Youth virtual group participant

Thank you for giving our family a safe place to discuss our feelings and not feel judged.

Caregiver

As I walk through the office I am truly amazed at how much the place has transformed. I feel very safe in the environment. Thank you so much for all the hard work.

EveryMind staff

HOPEFUL



As we look ahead to the future, we are emboldened by hope and our belief that we can create a brighter tomorrow for children, youth, young adults and families in our community.

Building Capacity

Young people stepped up to lead and support each other when we launched a youth peer support pilot program completely online in the summer of 2020!

The successful pilot demonstrated the potential for a peer support service model to be part of the spectrum of mental health supports for youth and young adults within the broader community youth mental health and addiction system.

Concurrently, we continue to strengthen Family Engagement (FE) efforts by partnering with the Centre of Excellence for Child and Youth Mental Health to conduct a current state analysis of FE in Peel that will inform future work.

Innovating Services

We look forward to continuing to innovate in the virtual care space by pursuing a research project titled "Integrating Virtual Care into Mental Health Services: Does it improve access for children and youth from disadvantaged communities?"

With our partners at CHEO and Trillium Health Partners, we'll explore the opportunities and limitations of virtual care as they pertain to youth from disadvantaged or marginalized populations.

Engaging youth and families and utilizing principles of co-design will allow us to generate innovative access solutions to better meet the mental health needs of underserved communities.

Enhancing Crisis Response

In 2021-22, we will be moving forward with recommendations to consolidate our 24/7 crisis response service for children, youth and families with CMHA Peel Dufferin's 24/7 crisis line for adults. Working together, we will enhance how crisis supports are delivered to people of all ages in our community.



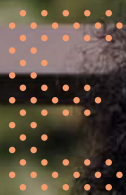
Canadian Mental
Health Association
Peel Dufferin
Mental health for all

Ms. Young
@msyoung4_5

See the session I just retweeted below offered by [@EveryMind_ca](#) called Caregiver SOS. I joined one of Mariko's previous sessions. She is excellent, really understands youth and has wonderful, practical ideas! Check it out. Thanks EveryMind for supporting our children! [#YouAreNotAlone](#)



CHEO



EveryMind

FINANCIAL OVERVIEW

Statement of Revenue and Expenses Year ended March 31, 2021

Service or Process	Revenue	Expenses	Excess Revenue over Expenses
Brief Services	404,202	404,202	-
Counselling/Therapy Services	4,631,480	4,367,283	264,197
Counselling/Therapy Services - Age 18 to 25 *		295,252	(295,252)
Crisis Support Services	1,096,378	1,096,378	-
Family Capacity Building and Support	901,517	901,517	-
Coordinated Access and Intake	1,009,981	1,059,981	(50,000)
Intensive Treatment Services	7,165,329	7,086,676	78,653
Case Management and Service Coordination	2,145,966	2,145,966	-
Specialized Consultation and Assessment	1,150,377	1,150,377	-
Targeted Prevention	334,996	334,996	-
System Management	882,100	882,100	-
Community and Prevention Supports	62,222	62,222	-
Complex Special Needs - Individual Placements Funding	24,336	24,336	-
Broader Public Sector - Adults Social Services	8,143	8,143	-
Child Victim Witness Program	169,768	196,520	(26,752)
Mental Health/Specialized Programming	247,037	136,825	110,212
Peel Inclusion Resource Services	1,187,218	1,187,218	-
EarlyON Child and Family Centres Special Needs Resourcing Model	536,303	536,303	-
Specialized Consultation Team	16,107	16,107	-
Complex Special Needs - Community Enhancement Funding	208,186	208,186	-
Emergency COVID 19 Child and Youth Mental Health Supports	61,500	61,500	-
Fund Development	385,455	99,277	286,178
Draw from Retained Surplus	85,826		85,826
Net Position **	22,714,427	22,261,365	453,062

* Funded through Retained Surplus ** Surplus returned to Ministry of Health and Ministry of Children, Community and Social Services

THANK YOU

EveryMind is proud to celebrate 100% giving from our senior leadership team. We are also thankful to the many staff who make EveryMind their charity of choice.

To our funding partners, generous individual donors, and the community groups, corporations and foundations who support us, thank you for being part of our caring community working together for children, youth and families.

The following is a list of donors from April 1, 2020 to March 31, 2021.

We strive for accuracy. In case of discrepancy, please contact the Development Office at 905-795-3500, ext. 2298.

Special Mention \$99,000 +
Government of Canada's
Emergency Community
Support Fund and
Community Foundation of
Mississauga

Leadership Gifts \$20,000+
Fyfe Foundation
Spectrum Health Care
Foundation
TD Bank Group

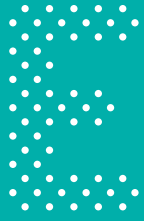
Major Gifts \$10,000+
Alectra Utilities
J.P. Bickell Foundation

Loyalty Gifts \$5,000+
Bell Canada
David Kingsland
Humphrey Mitchell
Mississauga Central Lions
Club
Mississauga Fire Fighters
Association Benevolent Fund
Scotiabank

Champion Gifts \$1,000 +
Ascona Foods
Ceri Harnden
Good Families Don't
Gopala Narayanan
Kathy Sdao-Jarvie
King Masonry Yard Ltd.

Linda Yuval
Lori Galliera
Neha Z. Thakur
Nkunda Kabateriane
Peel Elementary Teachers
Local
Roman Boychuk
Rudy Riske
Sharon Vandrish
Teri Gordon
Town of Caledon
Walmart
Youth Philanthropy Initiative

Friends of EveryMind \$500+
Amrit Khaper
Brampton & Caledon
Community Foundation
Children's Mental Health
Ontario
Curl Up & Dye Salon Spa
Dino's No Frills
J.A. Tony Manastersky
John Armstrong
Karen Anslow
Knight of Columbus 12782
Kyle Ruttan
Mora Thompson
Mountain Ash Public School
NTT Canada Inc.
Omar Goodgame
Sandra Raposo
Tianwen Xing
Wendy Walker



EveryMind

If you or someone you
know needs help, call

905 451 4655

or
visit

WhereToStart.ca

to get connected to free and
confidential mental health services
for children, youth, young adults and
families in Peel Region.

